

# BECOMING A COMPLETE HITTER



## AN INSIDE EDGE HITTING CLINIC

We invite you to come out and learn from local high school and collegiate coaches as well as college players about what it takes to become the total package as a hitter.

We will be hosting 60 min sessions for 4 weeks. Come to 1 or 2 or we encourage you to come to all 4.

Each week we will emphasize different aspects of hitting performance as well as other general hitting instruction.



**Matt Carpenter:** 15 years high school coaching, 5 years assistant at Avila University, 2 Conference Titles, 13 players have gone to professional baseball

**Stephen Montisano:** 2 time All-Conference Avila University, 2 Gold Gloves HAAC, University Champion of Character Winner

**Alex Quiros:** Avila University player, position player and pitcher at the collegiate level, diverse skills instructor

### Details:

5:1 Player to Instructor Ratio

Week 1: Mechanics and Timing (Nov. 19)

Week 2: Developing an Approach (Dec. 3)

Week 3: Small ball and Situational Hitting (Dec. 10)

Week 4: Using all Fields Effectively (Dec. 17)

Cost: \$30 per session (\$20 for Inside Edge Member)

Location: 1190 SE Century Dr. Lee's Summit MO 64081

To sign-up e-mail: [info@insideedgeathleticacademy.com](mailto:info@insideedgeathleticacademy.com)

7th-12th Grade Clinics are offered at 2:00 and 4:00

1st-6th Grade Clinic are offered at 3:00 and 5:00

